

VOLUNTEER PACK



IMRAN KHAN CANCER APPEAL

**YOU  
CAN MAKE A  
DIFFERENCE  
JOIN THE WINNING TEAM...**



01274 424444  
[www.ikca.org.uk](http://www.ikca.org.uk)

Registered Charity No. 1000580





***VOLUNTEER WITH US!***  
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**It is only with the dedication of our volunteers and supporters that Imran Khan Cancer Appeal (IKCA) has been able to come this far and establish 3 specialised cancer hospitals. People like you are the ones that make it possible for us to continue with our mission of saving lives affected by cancer.**

It is estimated that about 170,000 new cancer cases are diagnosed in Pakistan each year and our mission has always been to provide state-of-the-art diagnostic and therapeutic facilities for cancer patients irrespective of their ability to pay.

Volunteering is a powerful force for change, and your contribution can create ripples of goodness that touch the lives of many. Whether you're driven by a desire to give back, learn new skills, connect with like-minded individuals, or simply make the world a better place, your support is invaluable.

Your willingness to see how you can help and devote your time, skills, and energy to our mission is truly commendable and the ethos of volunteerism resonates deeply with our organisation's philosophy of compassion, empathy and solidarity.

I extend my deepest gratitude to you for your selfless interest in helping Imran Khan Cancer Appeal. Your intended actions will reflect the true spirit of humanity.

As such, we will be honoured to have you as a part of the IKCA family and we look forward to working with you in the years to come.

**Imran Khan**

**[WWW.IKCA.ORG.UK](http://WWW.IKCA.ORG.UK)**







# ABOUT IKCA

**Over the last three decades, Imran Khan Cancer Appeal has served as a lifeline to Pakistan's poor, offering free treatment to 75% of patients – this ensures that cancer patients from various backgrounds have access to quality healthcare.**

We provide quality healthcare services to cancer patients, as well as promoting cancer awareness and research. We provide comprehensive cancer treatment, including surgery, chemotherapy, radiotherapy, and supportive care. The hospital is equipped with modern facilities and technologies for diagnosis and treatment.

Our first hospital, the Shaukat Khanum Memorial Cancer Hospital & Research Centre (SKMCH & RC) in Lahore, Pakistan, was founded by Imran Khan in memory of his mother who passed away due to cancer. We now also have a fully functioning hospital in Peshawar and a new hospital is being built in Karachi that is going to be double the size of Lahore.

Cancer can touch anyone's life, and your involvement will play a crucial role in offering solace, guidance, and resources to those in need. Whether you're interested in organising events to raise awareness, assisting in fundraising efforts, or contributing your unique skills to our initiatives, your efforts will be instrumental in driving our mission forward.

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# VOLUNTEER

**We are delighted to extend a heartfelt welcome to you for considering to join our volunteer team.**

Your willingness to dedicate your time, skills, and passion to make a positive impact on our community is truly inspiring. Volunteering for IKCA allows you to contribute to our cause that affects thousands of lives. Donating your time, skills, energy and commitment, can be a deeply rewarding way to contribute to the fight against cancer, provide support to those affected by the disease, and make a positive impact on individuals and families dealing with cancer. Your involvement with us will bring hope, support, and comfort to those who need it the most.

Finally, your role as a volunteer will connect you with a dynamic community of like-minded individuals, offering valuable networking opportunities that extend beyond the boundaries of IKCA.

## HELP CHILDREN LIKE...

# Aqib Ullah

**Aqib is three years old and a brave 'Prince' from Bara Tehsil in KPK.**

When he was diagnosed with Acute Lymphoblastic Leukaemia (ALL) his family were devastated but, receiving the best treatment available at our Lahore hospital, they have renewed hope. Our doctors conducted a thorough screening to confirm the initial diagnosis and promptly initiated a comprehensive treatment plan – a plan that will last at least three years. Aqib's family was relieved and grateful to learn that his treatment costs would be covered by our donors.



Meet our Patient Aqib



## Code of Conduct

**By volunteering for IKCA, you play a vital role in helping us achieve our goals and make a positive impact on our community.**

To ensure a respectful, safe, and productive environment for all, we expect all IKCA staff and volunteers to adhere to our 'Code of Conduct' so that we can all contribute to a positive and impactful experience for everyone involved. Your dedication and commitment to these principles are essential in achieving our collective goals. A detailed 'Code of Conduct' is available upon request



## 100% Donation Policy

**We don't deduct anything from zakat and sadaqah for fundraising costs. Sadaqah and zakat funds go directly to helping patients.**

Furthermore, we try to limit the amount deducted from donations whenever we can through revenue received from our hospital diagnostic services and other means. Our donors also help us do this by allowing us to reclaim Gift Aid on their behalf if they are UK tax payers

Sign up as a Volunteer





# GET INVOLVED

Volunteers are at the heart of everything we do at IKCA, none of our fundraising activities would be possible without them

★  
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LIVES



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# LVED



## FUNDRAISING EVENTS

### > Barbecue (BBQ)

Throwing a barbecue fundraiser is a great way to raise funds for IKCA and getting the whole community involved! Spend the day with the whole family, while supporting a good cause at the same time. It's an exciting, popular and inexpensive event. Why not go the extra mile and turn it into a fun event with mini challenges.

### > Masjid Collectors

Masjid collections throughout the year require volunteers to raise much-needed funds from the community. We have a number of collection areas across the UK to choose from or you can suggest and undertake ones in your area.

### > Organise a Charity Event

Dedicated volunteers can come together to organise a charity event and help raise funds for IKCA and showcase the impact of collective action.

### > Coffee Mornings

Where every cup of coffee and conversation counts towards making a difference. This event is not just about coffee; it's about coming together as a community to make a positive impact.

### > Flyer Distribution

We are looking for volunteers who can visit shops, Masjids, businesses, local shops and homes in their local area to hand out flyers and display posters for our upcoming events.

### > Freshers Week

Freshers is an exciting and anxious time for new first year students. IKCA can offer new university students a range of opportunities and roles to get involved in volunteering. This can be an amazing opportunity to make a huge difference to the student experience, enhance student welfare and help those in need at the same time. As a new volunteer you will be welcomed into the IKCA family and get to know about all our activities.



## ➤ Islamic Art Online Classes

A series of six online art classes undertaken to raise funds and take participants through drawing different Islamic Geometric patterns from around the Islamic world - using just a compass and ruler - the same tools as famous artisans and geometers have used for centuries.

## ➤ Online Auction

Go digital and sell your unwanted items on eBay. A great and efficient way to reach thousands and raise funds for IKCA. Also speak to friends, family and businesses to donate items to sell.



## ➤ Cake Bake

**Who doesn't like baking! Get in the kitchen and start baking in the IKCA cake bake challenge!**

Your chance to get in the kitchen and put your skills into baking your favourite cakes, cookies or something savoury or healthy and help sell your tasty treats to help patients with cancer.

## ➤ Pink Tea Party

October is breast cancer awareness month and your Pink Tea Party can be as simple or extravagant as you like! You can host one in your home, your garden or at your local community centre. The Pink Party campaign hopes to encourage both men and women to take part and help raise awareness and funds for IKCA.







## OUTDOOR ACTIVITIES

### ➤ Ben Nevis Challenge

Ben Nevis Challenge is a trek up the UK's tallest peak. The mountain's rugged beauty and the camaraderie among the climbers will make the challenge a memorable experience.

### ➤ Bolton Abbey Family Walk

Geared towards families, the 8 mile circular walk around Bolton Abbey starts near to the Priory. It also passes a couple of much-needed cafes as there are quite a few bridges to cross over the Wharfe.

### ➤ Breast Cancer Walk

A Breast Cancer Awareness event organised to raise awareness about breast cancer, promote early detection, and support individuals affected by breast cancer. By participating in this event, individuals can show their solidarity with those affected by breast cancer and emphasise the importance of early detection and prevention.

### ➤ Golf Tournament

What better way to spend a day on the green than by supporting a great cause? Our charity golf tournament is teeing off to raise funds for Imran Khan Cancer Appeal. Every swing, every putt, and every moment on the course will make a positive impact at Shaukat Khanum Cancer Hospital.





## ➤ London Bridges Family Walk

A charity walk across London's famous bridges including the iconic Tower Bridge while going past historical London landmarks. A great event bringing our volunteers and some of their families together for IKCA.

## ➤ Mount Snowdon (Yr Wyddfa) Challenge

Climbing Mount Snowdon is one of our most popular challenges. The mountain stands at 1,085 metre (3,560 feet) and is a physical and mental journey that exhilarates our volunteers.

## ➤ Overseas Challenges

Overseas challenges, like trekking through the Himalayas or North Africa, are experiences that will push you out of your comfort zone and, immerse you in new cultures while supporting IKCA.

## ➤ Scafell Pike Challenge

The Scafell Pike Challenge is a popular hiking and outdoor adventure in the United Kingdom. Scafell Pike is the highest mountain in England, standing at 978 meters (3,209 feet) above sea level.

## ➤ Skydive

Sign up for a skydiving adventure and experience the incredible rush of adrenaline and sense of accomplishment when you land safely on the ground.

## ➤ Yorkshire Three Peaks

If you are passionate about hiking then conquer the three highest peaks in Yorkshire in under 12 hours! And that's despite the changing weather conditions and tired legs!



## > Zip Lining Wales (VELOCITY)

Prepare for a truly unique and exhilarating experience: the fastest zip line in the world since 2013! Soar over Penrhyn Quarry, where you can travel at speeds of up to and over 100 mph while taking in unbeatable views of Snowdonia.

## BECOME AN AMBASSADOR

### > Community Ambassadors

Our Community Ambassadors play a vital and responsible role in representing IKCA at local events, speaking about our work and the importance of the funds our supporters raise.

### > Student Ambassadors

The IKCA Ambassador Programme is a great opportunity for individuals to employ their leadership skills and personal strengths to represent our mission and liaise between IKCA and their own institution.



## WILL YOU BE TAKING PART WITH ALL YOUR FRIENDS AND FAMILY?

If you don't see an event or challenge you are interested in then please give us a call and we will do our best to secure you a place on something suitable for you.

We have a diverse range of activities and events we can suggest, each providing unique experiences and opportunities for personal growth, connection, and community support.



★  
TOGETHER  
WE CAN  
SAVE  
LIVES

# OUR VOLUNTEERS INCLUDE PEOPLE LIKE...



## Nadia Sethi

**Nadia is from Huddersfield and is an amazing person with an incredible story.**

When she does something, she gives it her all. She signed up for all three of our 3PC (Three Peaks Challenge), even though she was unsure of being able to complete them because of her health issues. We are happy to report that she has completed Scafell Pike and looking forward to the next challenges...

## Tasneem Habib

**Tasneem is from Bradford and is one of our greatest long-time supporters.**

She's jumped out of planes and climbed mountains to raise funds for IKCA...

## Sultan Asi

**Sultan is from Manchester and participated in the Great Manchester Run to raise funds for IKCA.**

We were thrilled he chose to help IKCA and chatted to him about his motivation to enter the run and his experience...



## Dr Masood Manzoor

**Masood is from Preston and recently attended our Bolton Abbey Walk which normally kicks-off our yearly activities and events.**

Dr Masood and his team of Doctors also completed the Scafell Pike challenge...



## Rubina Khan

**Rubina is from Birmingham and is the chairperson of Pak UK Fusion Society.**

Together with Zahid Bhatti from UK CAB, they organised a very successful fundraising dinner in aid of IKCA...

## Aiysa Seedat

**Aiysa from Batley first started fundraising for IKCA in 2022 and has already participated in our Scafell Pike Challenge!**

Aiysa's reasons for getting involved in our life-saving work are personal...



Read their full stories and the incredible journeys and efforts made by these and all our other amazing volunteers for IKCA.





# HELP WITH FUNDRAISING



## FUNDRAISING PLATFORMS YOU CAN USE?

### GoFundMe

GoFundMe is a well-known crowdfunding platform that allows individuals and organisations to raise funds for charitable causes like the Imran Khan Cancer Appeal.

### JustGiving

JustGiving is a popular platform for fundraising for charitable causes. It allows you to create fundraising pages and share them with your network to gather donations.

### Donorbox

Donorbox is a simple and user-friendly platform for online fundraising. It provides tools for non-profit organisations and individuals to collect donations.

### Instagram Fundraisers

You can create a fundraiser on Instagram to raise funds for the Imran Khan Cancer Appeal charity. It's easy to set up and share with your friends and family.

*Be aware that some platforms may charge fees or take a percentage of the donations as a processing fee, so please review the terms and conditions carefully.*

## FUNDRAISING MATERIALS AND RESOURCES

### Fundraising Packs

Essential information, tips, and materials to help you get started.

### Posters and Flyers

Promote your fundraising events in your community, workplace or online.

### Donation Boxes and Buckets

Collect cash donations at your events and public spaces.

### Branded Merchandise

IKCA offer branded merchandise like t-shirts, pens, air fresheners, fridge magnets, balloons.

### Brochures and Leaflets

Help potential donors better understand the work of IKCA, cancer prevention and support services.

### Support from Charity Staff

Reach out to our fundraising team for guidance, advice and support. They can provide personalised assistance based on your specific fundraising goals and needs.

*To request these materials and resources, email us at [support@ikca.org.uk](mailto:support@ikca.org.uk) or call us on 01274 424 444*



## JOIN US AS A VOLUNTEER

and together, let's be the difference that brings comfort, strength, and healing to those in need like Mahin - your support helped her beat blood cancer when she was six. Unfortunately, she relapsed and you helped her beat it again when she was 14.



# HOW DO I BECOME A VOLUNTEER?

To become a volunteer, start by visiting our website and navigating to the “Become a Volunteer” section. There you’ll find information about available roles, requirements, and how to apply.

## What types of volunteer opportunities are available?

We offer a range of volunteer roles, fundraising, event coordination, advocacy, and more. You can choose a role that aligns with your skills and interests.

## Are there any specific skills or qualifications required to volunteer?

Generally, no skills are required for most of our volunteering activities. Although you will need to be organised and pro-active. If you hold certain skills or have an experience in a certain field which you think may help the charity, then please speak to our volunteer co-ordinator.

## What is the time commitment expected from volunteers?

The time commitment varies based on the role and your availability. Some roles might require a few hours per week, while others might be project-based or seasonal or it may be just one day. We appreciate any amount of time you can dedicate.

## Can I volunteer for special events only?

Yes, You can assist with planning, set-up, coordination, or even participate in fundraising events to support the cause.

## How does volunteering help in the fight against cancer?

Volunteers play a crucial role in various aspects of the charity’s operations. Your contributions might directly impact patients’ lives, raise funds for research and create awareness.

## How can I stay updated on the charity’s activities as a volunteer?

We regularly communicate with our volunteers through newsletters, emails, and social media. You will stay informed about upcoming events, campaigns, and important updates.



**Remember, volunteering with IKCA can be a rewarding and impactful way to make a difference.**

We appreciate your willingness to contribute and look forward to having you on our team! If you have any more questions, don’t hesitate to reach out to our volunteer coordinator.

# YOU MADE IT POSSIBLE!



## Azad Kashmir

1 Laboratory Collection Centre

## Shaukat Khanum Healthcare System

- 3 Hospitals
- 3 Diagnostic Centres
- 3 Walk-In Clinics
- 173 Laboratory Collection Centres

## Khyber Pakhtunkhwa

23 Laboratory Collection Centres  
1 Walk-In Clinic  
1 Hospital

## Islamabad Capital Territory

1 Laboratory Collection Centre



## Punjab

137 Laboratory Collection Centres  
1 Walk-In Clinic  
2 Diagnostic Centres  
1 Hospital



## Balochistan

2 Laboratory Collection Centres

## Sindh

5 Laboratory Collection Centres  
1 Walk-In Clinic  
1 Diagnostic Centres  
1 Hospital (Completion Dec 2023)



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# 75% OF PATIENTS RECEIVE FREE TREATMENT

Patients who can't afford treatment are offered support from the outset and we cover everything from the cost of medication and pathology to treatment and surgery.



See where your  
money goes



## TRANSPARENCY

At IKCA we believe that transparency towards our donors and volunteers is of paramount importance. Click the QR Code to find what happens to the funds you raise.

## YOU CAN HELP CHILDREN LIKE...

# Hania

Hania is 4 years old and a brave 'Princess' from Okara in Punjab. She is battling Ewing's Sarcoma at our Lahore Hospital.

Ewing's Sarcoma is a rare type of cancer that occurs in bones or in the soft tissue around the bones. When they heard the diagnosis, Hania's parents were distraught at her suffering and their inability to pay for any treatment. However, with the help of our donors and supporters, she is receiving free treatment now and has a fighting chance. Her treatment is only possible because of your support.

Meet our  
Patient Hania







TOGETHER  
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# YOUR IMPACT IS HELPING BUILD OUR LATEST PROJECT KARACHI HOSPITAL

**At one million square feet, Shaukat Khanum Karachi will be double the size of our first hospital in Lahore**

Featuring 47 outpatient examination rooms, a 69-bed chemotherapy facility, 288 inpatient beds, 16 operation theatres, and 24 intensive care beds.

This hospital will also be fitted with the latest cutting-edge technology, such as advanced diagnostic facilities and innovative treatment planning and delivery systems.

With your help and support, we will be ready to open our doors to new patients in Sindh and Southern Balochistan.

Every brick you donate now brings us a step closer to providing free cancer care to Karachi, Pakistan's largest city and the 12th largest globally. Join our race to the finish line and give a Sadaqah Jariyah for Karachi. Together, we can make a lasting impact and leave a legacy of hope for generations to come

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## CONTACT US

We value your input and would love to hear from you. If you have any questions, feedback, or thoughts, please reach out to us using the following contact information:



### Email

Feel free to send us an email at [support@ikca.org.uk](mailto:support@ikca.org.uk)







### Website

For more information, updates, and additional resources, visit our website at [www.ikca.org.uk](http://www.ikca.org.uk)



### Social Media

Connect with us on social media for the latest news, discussions and insights:

-  [ikcauk](#)
-  [imrankhancancerappealuk](#)
-  [ikcauk](#)
-  [imrankhancancerappeal](#)



### Mail

**Imran Khan Cancer Appeal**  
PO BOX 786  
66 Little Horton Lane  
Bradford BD5 0YE



**RAISE £600  
FOR 1,000 BRICKS**



**RAISE £12,000 TO  
SPONSOR A ROOM**



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